Easy_EnglishPassage_1004
The Value of Time and Discipline

Words: 822, Characters: 4745 **LEVEL: EASY**

Time is the most precious resource in human life because once it is gone it never comes back every successful person in the world understands the value of time and uses it wisely people who waste time in unnecessary activities later regret because opportunities do not wait for anyone managing time properly means dividing the day into useful parts for study work health and family when a student prepares a timetable and studies regularly he does not feel stress before exams similarly when an employee completes his office tasks on time he is free from pressure and earns respect from his seniors history tells us that great leaders scientists and writers all achieved success because they respected time and worked with discipline for example Thomas Edison used to work day and night without wasting even a single minute which helped him to invent the electric bulb students must understand that playing games or watching television is not bad but spending too many hours on it is harmful because it takes away the time which could be used for learning new skills or reading books one hour lost today can never be returned tomorrow that is why people say time once gone is gone forever proper use of time also brings balance in life if you give time to health by doing exercise daily you will remain fit if you give time to your family you will build strong relationships if you give time to your career you will achieve progress in the long run on the other hand if you waste time in gossip laziness or overthinking you will only face difficulties and failures successful people often wake up early in the morning because they know that morning hours are the most productive with a fresh mind and less disturbance anyone can complete important tasks quickly many students and professionals follow the rule of early rising and they find themselves ahead of others time management also teaches discipline and self control because you learn to say no to distractions and focus on priorities this habit not only improves productivity but also gives peace of mind when you end the day knowing that you have used your time properly you feel satisfied and motivated to work again the next day therefore every person should respect time as a treasure and never waste it in useless things because time is life itself and every moment is an opportunity to create a better future Time is the most precious resource in human life because once it is gone it never comes back every successful person in the world understands the value of time and uses it wisely people who waste time in unnecessary activities later regret because opportunities do not wait for anyone managing time properly means dividing the day into useful parts for study work health and family when a student prepares a timetable and studies regularly he does

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